

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| | | Maple Syrup Mania Nix the Six/Craft Club: Clay Maple Leaves Exercise/Roll the Dice Washer Toss Word Scramble | 1 Monthly Gazette & March IQ Music with Ron Exercise/New England Stations Bowling | 2 Morning Laugh Bingo Exercise/Presidential Fitness Clown Toss Crooning with Karen |
| Hairdresser (By Appointment) 6 Brain Busters Music with Ron Exercise/Chair Boxing Bucket Brigade Just an "Illusion" | Women's History Month 7 Bingo Exercise/Rain Forest Hike Music with Ron Famous Women Spelling Bee | Dr. Seuss You're Only Old Once! Elevesens/Craft Club: Grinches Exercise/Qigong Ladder Bolo This and That | 8 What Am I? Music with Ron Exercise in Madrid Ping Pong Pyramid Food & Wine in Spain | 9 Beautiful Barcelona 10 Dices & Strikes/ Cooking Club: Olive Tapenade Exercise: 2-Min Tune-Up Bowling Crooning with Karen |
| Hairdresser (By Appointment) 13 Smile, You're on Candid Camera Music with Ron Exercise/Fishing Trip Bowling Quick As a Wink | World Frog Day 14 Five Alive/Craft Club: Blooming Lily Pads Exercise/Swim in the Bay Music with Ron Frog Categories | Trivia Challenge 15 Bingo Exercise/Chair Yoga Bulls Eye Mat It's Not Easy Being Green | The Man in Black 16 Music with Ron Exercise/Roll the Dice Basketball St. Patrick's Day Rhyme Time | St. Patrick's Day 17 Flip It/Cooking Club: Reuben Dip Exercise/ New England Stations Toss Across Crooning with Karen |
| Hairdresser (By Appointment) 20 What Am I Music with Ron Exercise/ Presidential Fitness Slotz Ball Good News | Rockin' Ramen 21 I Got It!/Baking Club: Ramen Noodle Haystacks Exercise/Chair Boxing Music with Ron Word Mining | Spring Has Sprung 22 EZ Yahtzee/Craft Club: Egg Carton Flowers Exercise/Rainforest Hike Bowling ABC's of Spring | Herb Alpert & The Tijuana Brass 23 Music with Ron Exercise/Qigong Shooters Word Match | Remembering 24 Iconic Outfits Bingo Exercise in Madrid Birdie Toss Crooning with Karen |
| Hairdresser (By Appointment) 27 The Lawrence Welk Show Music with Ron Exercise/2-Min Tune-Up Horse Shoes A to Z Words | Do Opposites Attract? 28 Bingo Exercise/Fishing Trip Music with Ron Name 10 | Bowling Club 9:30 am 29 Hurray for Hedgehogs! Chips On Chips Off/Craft Club: Paper Hedge Hogs Exercise/Swim in the Bay Noodle Javelin Roll and Rhyme | Who Am I? 30 Music with Ron Exercise/Chair Yoga Bowling Syllables | April Fool's Day 31 Rolling Zip Codes/ Baker's Rack: Poop Cookies Exercise/Roll the Dice Hula Hoop Challenge Crooning with Karen |

March Birthdays: none

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| | | 1 Egg Salad Sandwich w/Cucumber Salad Ginger Snaps | 2 Chicken Salad w/Walnuts & Cranberries Sandwich w/Potato Sticks Animal Crackers w/Chocolate Hummus | 3 Veggie Lasagna w/Salad Ice Cream Cups |
| 6 Turkey & Cheese Sandwich w/Pickles & Fritos Belvita Cookies | 7 Meatball Grinder w/Chips Tostitos w/Salsa | 8 Macaroni & Cheese w/Peas Jello w/Cool Whip | 9 Tuna Fish Sandwich w/Gold Fish & Pickles Chocolate Chip Cookies | 10 Kielbasa w/Sauerkraut & Pierogis **Olive Tapenade** |
| 13 Peanut Butter & Jelly Sandwich w/Fruit Vanilla Pudding w/Cool Whip | 14 Chicken Patty w/Lettuce & Tomato on a Roll w/Pretzels Oatmeal Cookies | 15 Fish Sticks w/Tater Tots & Corn Peanut Butter Crackers | 16 Turkey Chili w/Corn Bread Fruit Cup w/Cool Whip | 17 Corn Beef Sandwich w/Sauerkraut **Reuben Dip** |
| 20 Chicken Tenders w/Corn & Creamed Spinach Lorna Doone Cookies | 21 Swedish Meatballs w/Rice & Green Beans **Ramen Noodle Haystacks** | 22 Turkey Meatloaf w/Carrots & Mashed Potatoes Rice Cakes w/Peanut Butter | 23 Veggie Quiche w/Fresh Fruit Applesauce | 24 Hawaiian Meatballs w/Roll Oreos |
| 27 Fish & Chips w/Cole Slaw Cheez Its | 28 Ham & Cheese Sandwich w/Pickles & Cheese Puffs Sugar Free Jello w/Cool Whip | 29 Cheese Ravioli w/Broccoli & Garlic Bread Sugar Free Vanilla Wafers | 30 Hot Dogs w/Baked Beans & Potato Salad Cucumbers w/Dip | 31 Peanut Butter & Jelly Sandwich w/Pretzels & Banana ** Poop Cookies ** |

Rotating Menu/Substitutes available/Menu includes 5 nutritional food components/Dairy Product offered with each meal/Fruit offered with breakfast.