

Monday

Tuesday

Wednesday

Thursday

Friday



						Independence Day 1 Trivia Bingo Exercise/Hokey Pokey Bowling <b>Crooning with Karen</b>	
<p><b>CLOSED FOR</b></p> <p><b>INDEPENDENCE DAY</b></p>		<p>4 Monthly Gazette Bingo Exercise/Fishing Trip <b>Music with Ron</b> Common Endings</p>	<p>5 National Parks Adventure EZ Yahtzee/Craft Club: Campfire Centerpiece Exercise/Bay Swimming Bowling Picnic at the Park</p>	<p>6 Off the Beaten Path <b>Music with Ron</b> Exercise/Chair Yoga Birdie Toss Parks Categories</p>	<p>7 Bikini Bombshell 8 Nix the Six/Craft Club: Bikini Aprons Exercise/Roll the Dice Shooters <b>Crooning with Karen</b></p>		
<p>Morning Laugh 11 <b>Music with Ron</b> Exercise/Seated Stations Horse Shoes Word Jumbles</p>	<p>12 History of the Luau Trip to the Hardware Store/Cooking Club: Hawaiian Dip Exercise/Chair Boxing <b>Music with Ron</b> Tiki Torches Word Mining</p>	<p>13 80's Food Fads Bingo Exercise/Rain Forest Hike Corn Hole A Bite to "Eat"</p>	<p>14 Cracker Jack <b>Music with Ron</b> Exercise/Qigong Bowling All Mixed up</p>	<p>15 Mysterious Mermaids Left Right Center/ Craft Club: Clothes Pin Mermaids Exercise/Hokey Pokey Washer Toss <b>Crooning with Karen</b></p>			
<p>Walking on the Moon 18 <b>Music with Ron</b> Exercise/Fishing Trip Bucket Brigade Man on the Moon</p>	<p>19 Snakessss..... Dice and Strikes/ Craft Club: Paper Straw Snakes Exercise/Bay Swimming <b>Music with Ron</b> Spelling Bee</p>	<p>20 National Hot Dog Day Eleveneses/Cooking Club: Mini Pigs in a Blanket Exercise/Chair Yoga Ladder Bolo Word Generation</p>	<p>21 Survey Says! <b>Music with Ron</b> Exercise/Roll the Dice Ping Pong Pyramid A to Z Words</p>	<p>22 What Am I? Bingo Exercise/Seated Stations Bowling <b>Crooning with Karen</b></p>			
<p>Who Am I? 25 <b>Music with Ron</b> Exercise/Chair Boxing Bowling Finish the Song Title</p>	<p>26 The Magic of Fireflies Bingo Exercise/Rain Forest Hike <b>Music with Ron</b> Summer Vacation</p>	<p>27 <b>Bowling Club 9:30</b> Backyard Wonder: Limax Maximum Dice Keno Exercise/Qigong Bulls Eye Mat Rhymes with...</p>	<p>28 Who, What, Where, When, Why? <b>Music with Ron</b> Exercise/Hokey Pokey Ice Cream Cone Toss Syllables Games</p>	<p>29 Hot Tips for Keeping Cool Dice Bingo/Craft Club: Paper Fans Exercise/Fishing Trip Hula Hoop Challenge <b>Crooning with Karen</b></p>			

July Birthdays: Dottie 7/4, Leah 7/19 and Ron S 7/29.

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<p><b>CLOSED FOR</b></p>  <p><b>INDEPENDENCE DAY</b></p>	<p><b>4</b></p> <p>Chicken Tacos w/Guacamole, Sour Cream and Salsa</p> <p>Oreos</p>	<p><b>5</b></p> <p>Pizza w/Three Bean Salad</p> <p>Peanut Butter Crackers</p>	<p><b>6</b></p> <p>Hot Dog on Bun w/French Fries</p> <p>Jello w/Cool Whip</p>	<p><b>7</b></p> <p>Egg Salad Sandwich w/Cucumber Spears</p> <p>Sugar Free Wafers</p>
<p><b>11</b></p> <p>Turkey Chili w/Cornbread</p> <p>Ginger Snaps</p>	<p><b>12</b></p> <p>Hawaiian Meatballs w/Rice</p> <p>**Hawaiian Dip w/ Pepper Slices</p>	<p><b>13</b></p> <p>Tuna Fish Sandwich w/Carrot Raisin Salad</p> <p>Popsicles</p>	<p><b>14</b></p> <p>Pizza w/Side Salad</p> <p>Chocolate Chip Cookies</p>	<p><b>15</b></p> <p>Peanut Butter &amp; Jelly Sandwiches w/Banana</p> <p>Cheese &amp; Crackers</p>
<p><b>18</b></p> <p>Grilled Cheese w/Tomato Soup</p> <p>Chocolate Hummus w/ Vanilla Wafers</p>	<p><b>19</b></p> <p>Fish Sticks &amp; Macaroni Salad &amp; Fruit Cups</p> <p>Ice Cream</p>	<p><b>20</b></p> <p>Sloppy Joes w/Cole Slaw</p> <p>**Mini Pigs in a Blanket</p>	<p><b>21</b></p> <p>Turkey Sandwich w/Sweet Pickles &amp; Potato Chips</p> <p>Fiber One Brownie</p>	<p><b>22</b></p> <p>Pizza w/ Side Salad</p> <p>Pudding w/Cool Whip</p>
<p><b>25</b></p> <p>Pizza w/Side Salad</p> <p>Nutella w/Strawberries</p>	<p><b>26</b></p> <p>Veggie Lasagna w/Garlic Bread</p> <p>Oatmeal Cookies</p>	<p><b>27</b></p> <p>Cranberry Walnut Chicken Salad Sandwich w/Fritos</p> <p>Veggie Dip w/Cucumbers</p>	<p><b>28</b></p> <p>Mac n' Cheese w/Fruit Salad</p> <p>Peanut Butter Crackers</p>	<p><b>29</b></p> <p>Chicken Patty Sandwich w/Cole Slaw</p> <p>Popsicles</p>

Rotating Menu/Substitutes available/Menu includes 5 Nutritional food components/Dairy Product offered with each meal/Fruit offered with Breakfast