

Monday

Tuesday

Wednesday

Thursday

Friday

September
2021
Senior Moments

<p>Senior Moments Closed 6</p>	<p>Masters Of The Universe 7 Music With Ron Five Alive/Craft: Mini Galaxy Exercise: Chair Boxing Jumbles</p>	<p>Mad Science: 8 Left Or Right Bingo Exercise: Rainforest Hike Bowling Rhymes With....</p>	<p>What's My Job? 1 Music With Ron Exercise: Roll The Dice Ladder Bolo Mixed Up Professions</p>	<p>Labor Day - It's Not All 3 Fun and Games Elevenses/Craft: Word Working Exercise: Seated Stations Bowling Crooning With Karen</p>
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<p>Grandparents Rock! 13 Music With Ron Exercise: The Mash Corn Hole Grandparents Day Mining</p>	<p>Lighthouse Mystery 14 A Trip To The Hardware Store/Craft: 3D Lighthouse Painting Exercise: Fishing Trip Music With Ron Whiteboard Medley</p>	<p>Amazing American 15 Alligator Exercise: Swimming in the Bay Folk Music With Cameron Bucket Brigade Person, Vegetable or Bird?</p>	<p>Fabulous Fur Babies 16 Music With Ron Exercise: Chair Yoga Bowling Double Trouble</p>	<p>Annie Get Your Gun 17 Bingo Exercise: Roll The Dice Hula Hoop Challenge Crooning With Karen</p>
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<p>Brain Busters 20 Music With Ron Exercise: Seated Stations Ping-Pong Pyramid Spelling Bee</p>	<p>National Adult Day 21 Center Week Bingo Exercise: Chair Boxing Music With Ron Hangman</p>	<p>International Day 22 Of Peace Nix The Six/Craft: Peace Rocks Exercise: Rain Forest Hike Clown Toss Peace Categories</p>	<p>Hot History: Invention 23 of the Waffle Iron Music With Ron Exercise: Qigong Slotz Ball Name IQ</p>	<p>Chinese Mid- 24 Autumn Festival Chips On Chips Off/Craft: Chinese Lantern Collage Exercise/Hokey Pokey Bowling Crooning With Karen</p>
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<p>Daily Laugh 27 Music With Ron Exercise: Wild Card Bowling Word Scramble</p>	<p>The Perfect Pumpkin 28 Baseball/Craft: Wine Cork Pumpkins Exercise: Swimming in The Bay Music With Ron Roll And Rhyme</p>	<p>Random Trivia 29 Bingo Exercise: Fishing Trip Horseshoes Word Generation</p>	<p>USS Eldridge: 30 Fact or Fiction Music With Ron Exercise: Chair Yoga Bullseye Mat Syllables Game</p>	<p>Senior Moments Activity Calendar</p>
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Birthdays: Irene C 9/12 Bill G 9/20

Monday

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Friday

September
2021
Lunch & Snack Menu

<p>6</p> <p>Labor Day!!! Senior Moments Closed</p>	<p>7</p> <p>Tuna Sandwich w/Pickle & Fritos</p> <p>Ice Cream Sandwich</p>	<p>8</p> <p>Mac N Cheese w/Broccoli & Peaches</p> <p>Pretzels w/Honey Mustard</p>	<p>9</p> <p>Chicken Tenders w/Tater Tots & Green Beans</p> <p>Jell-O w/Cool Whip</p> <p>Chicken Salad Sandwich w/Chips & Pickle</p> <p>Sugar Free Wafer Cookies</p>	<p>3</p> <p>Pizza w/3 Bean Salad</p> <p>Fiber One Brownie</p> <p>10</p> <p>Pizza w/Side Salad</p> <p>Sugar Free Wafer Cookies</p>
<p>13</p> <p>Pizza w/Side Salad</p> <p>Sugar Free Wafer Cookies</p>	<p>14</p> <p>Turkey Sandwich w/Fritos</p> <p>Fiber One Bar</p>	<p>15</p> <p>Sloppy Joes w/Coleslaw</p> <p>Ice Cream Sandwich</p>	<p>16</p> <p>Peanut Butter & Jelly Sandwich w/Cucumber Slices</p> <p>Pudding w/Cool Whip</p> <p>Chef Salad w/Roll</p> <p>Nilla Wafers w/Chocolate Hummus</p>	<p>17</p> <p>Turkey Dogs w/Baked Beans</p> <p>Jell-O w/Cool Whip</p>
<p>20</p> <p>Egg Salad Sandwich w/Veggie Straws</p> <p>Pudding w/Cool Whip</p>	<p>21</p> <p>Pizza w/ Side Salad</p> <p>Sugar Free Wafer Cookies</p>	<p>22</p> <p>Soup/Salad w/Roll</p> <p>Fiber One Brownie</p>	<p>23</p> <p>Mac N Cheese w/Broccoli</p> <p>Ice Cream Sandwich</p>	<p>24</p> <p>Peanut Butter & Jelly Sandwich w/Cucumber Slices</p> <p>Peanut Butter Crackers</p>
<p>27</p> <p>Chili w/Corn Muffins</p> <p>Peaches</p>	<p>28</p> <p>Fish Sticks w/Potato Salad & Applesauce</p> <p>Jell-O w/ Cool Whip</p>	<p>29</p> <p>Pizza w/Side Salad</p> <p>Sugar Free Wafer Cookies</p>	<p>30</p> <p>Ham Sandwich w/Pickle & Potato Chips</p> <p>Fiber One Brownie</p>	<p>Senior Moments Menu</p>

Menu subject to change without notice