



Monday	Tuesday	Wednesday	Thursday	Friday
March Gazette and Trivia! Music with Ron Exercise/Qigong Noodle Javelin March Categories	Hurray For Hedgehogs I Got It! Craft Club: Happy Hedgehogs Exercise/Hokey Pokey Ladder Bolo Crafters Word Match	Disappearing Socks Dice and Strikes/ Craft Club : Chia Pet Socks Exercise/The Mash Bowling Quick as a Wink	The Man in Black: Johnny Cash Music with Ron Exercise/Chair Yoga Birdie Toss Name That Instrument	Women Who Changed the World Bingo Exercise/Roll the Dice Bullseye Mat Famous Women Spelling Bee
Morning Laugh Music with Ron Exercise/Seated Stations Shooters Riddle Me This	Do Opposites Attract? Bingo Exercise/Chair Boxing Players Choice Good Things Come in Threes	Person Place or Thing Elevenses Craft Club: Collage Exercise/Wild Card Twister Trivia Lead the Way	"Name" Brand Foods Music with Ron Exercise/Rainforest Hike Bowling Brand Name Game	Who Invented the Noodle Chips On Chips Off Craft Club: Lasagna Noodle Stained Glass Exercise/Qigong Corn Hole Junior Just an Illusion
Brain Busters Music with Ron Exercise/Hokey Pokey Bucket Brigade Checking Out the Library	Chopsticks Rules of Etiquette Discard It/ Craft Club: Chopstick Hair Ornaments Exercise/The Mash Ice Cream Cone Toss Mixed Bag	St. Patrick's Day Bingo Exercise/Chair Yoga Bowling St.Patricks Day : Guess A Letter	Bizarre Breakfast Facts Music with Ron Exercise/Roll the Dice Target Toss Rhyme Time	Spring Traditions Five Alive/ Craft Club: Egg Carton Flowers Exercise/Seated Stations Hula Hoop Challenge Spring Flowers Spelling Bee
A Voyage to Venice Music with Ron Exercise/Chair Boxing Slotz Ball The Floating City Word Mining	Voyage to Venice: Who am I? Paper Hop Scotch/ Craft Club: Venetian Beads Exercise/Wildcard Carnival Clown World Builder	Voyage to Venice; What am I? EZ Yahtzee/ Craft Club: Marbleized Glass Exercise/Rainforest Hike Shuffleboard Where in the World?	Life Hacks Music with Ron Exercise/Qigong Bowling Name that Tool	Potato to Chip What a Trip! Bingo Exercise/Hokey Pokey Ping Pong Pyramid And HOW!
Person, Place or Thing Music with Ron Exercise/The Mash Washer Toss This and That	"Ding Dong Avon Calling Bingo Exercise/Chair Yoga Horse Shoes Sky Land Sea	Divine Swine Roll and Rhyme/ Craft Club: Cotton Ball Piggies Exercise/Roll the Dice Bowling Pictionary	 <p>March 2021 SENIOR MOMENTS ACTIVITY CALENDER</p>	

March Birthdays: 3/22 Bob H

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Assorted Muffins w/Yogurt & Fresh Fruit</p> <p>Pretzels w/Cheese Stick</p>	<p>2 Sausage, Egg & Cheese Sandwich w/Tater Tots & Cantaloupe</p> <p>Rice Cake w/Nutella</p>	<p>3 Fish Fillet Sandwich w/Cottage Cheese & Fritos</p> <p>Applesauce</p>	<p>4 Soup & Salad</p> <p>Banana Bread</p>	<p>5 Peanut Butter & Jelly Sandwich w/Banana & Chips</p> <p>Jell-O w/Cool Whip</p>
<p>8 Toasted Tomato Sandwich w/Veggie Chips & Applesauce</p> <p>Peanut Butter Crackers</p>	<p>9 Loaded Chili w/Cornbread</p> <p>Yogurt w/Granola</p>	<p>10 Chef Salad w/Roll</p> <p>Fig Newton Cookies</p>	<p>11 Mac & Cheese w/Broccoli</p> <p>Famous Amos Cookies</p>	<p>12 Tuna Fish Sandwich w/Cheese-Itz & Pineapple</p> <p>Vanilla Wafers w/Chocolate Hummus</p>
<p>15 Ham & Cheese Sandwich w/Tomato Salad & Chips</p> <p>Graham Crackers w/Peanut Butter</p>	<p>16 Chicken Patty Sandwich w/Fresh Fruit & Cucumber</p> <p>Potstickers w/Sauce</p>	<p>17 Shepard's Pie w/Irish Soda Bread</p> <p>St. Patrick's Lucky Snack</p>	<p>18 Breakfast Casserole w/Tater Tots & Applesauce</p> <p>Rice Cake w/Peanut Butter</p>	<p>19 Assorted Muffins w/Yogurt & Fresh Fruit</p> <p>Chocolate Pudding w/Cool Whip</p>
<p>22 Peanut Butter & Jelly Sandwich w/Fresh Fruit & Chips</p> <p>Fig Newton Cookies</p>	<p>23 Egg Salad Sandwich w/Chips & Pickle</p> <p>Jell-O w/Cool Whip</p>	<p>24 Loaded Baked Potato w/Broccoli</p> <p>Cucumbers w/Dip</p>	<p>25 Chicken Meatballs w/Rice & Peas & Sweet Potato</p> <p>Ice Cream Sandwich</p>	<p>26 Cheese & Cracker Platter w/Vegetables & Fresh Fruit</p> <p>Potato Chip Tasting</p>
<p>29 Greek Chicken Orzo Power Bowl</p> <p>Cheese & Crackers</p>	<p>30 Vegetable Lasagna w/Roll</p> <p>Peanut Butter Crackers</p>	<p>31 Tuna Fish Sandwich w/Fresh Fruit & Goldfish</p> <p>Cranberry-Orange Bread</p>	 <p>March 2021 SENIOR MOMENTS LUNCH & SNACK MENU</p>	

Menu subject to change without notice