

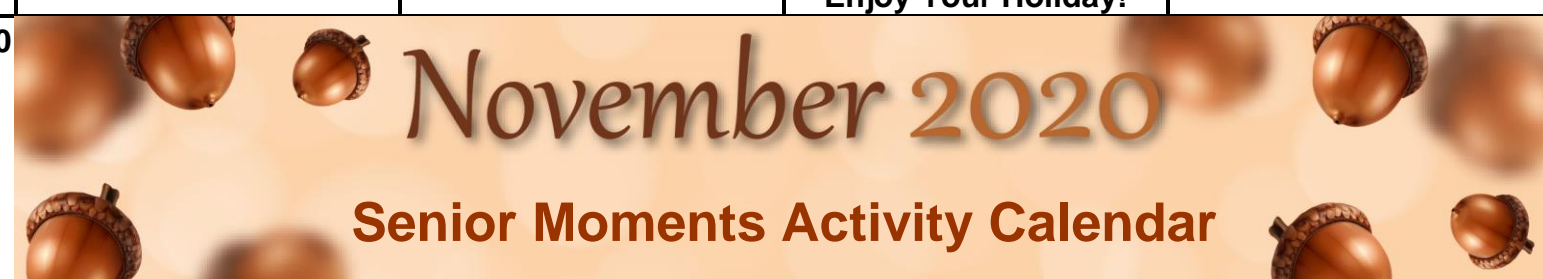





Monday	Tuesday	Wednesday	Thursday	Friday
November Trivia Music With Ron Exercise/Ball Toss Ladder Bolo Mixed Up Autumn	Coffee: What's Really In That Cup? Dice and Strikes/ Craft Club: Coffee Hand Scrub Exercise/Wildcard Golf Name Anything	Mad Science/ What are Germs? Bingo Exercise/ Follow the Leader Birdie Toss Pictionary	Tongue Twisters Music With Ron Exercise/Rainforest Hike Bowling Pizza Pizza Spelling Bee	Board Games Nix the Six/ Craft Club: Mini Canvases Exercise/Qigong Bullseye Mat Games and Puzzles Word Match
Rationing and Canning WWII Music With Ron Exercise/Hokey Pokey Noodle Javelin Veterans Day Word Mining	The Story of the Teddy Bear Chips On Chips Off/ Craft Club: Fuzzy Brown Bear Exercise/Chair Yoga Ice Cream Cone Toss Veterans Day Word Scramble	Veterans Day Roll and Rhyme/ Craft Club: Hero Pins Exercise/Roll the Dice Bowling Veterans Day Word Association	Clichés Music With Ron Exercise/Ball Toss Shooters It's All Cliché	What am I? Bingo Exercise/Wild Card Hula Hoop Challenge Name it in Two
National Raisin Bran Day Music With Ron Exercise/Follow The Leader Corn Hole Junior Roll and Rhyme	Invention of the Sandwich Bingo Exercise/Rainforest Hike Players Choice So Many Sandwiches	Candy is Dandy Discard It!/ Craft Club: Candy Turkeys Exercise/Qigong Bucket Brigade "Sweet" Spelling Bee	Mickey Mouse's Birthday Music With Ron Exercise/Hokey Pokey Bowling Word Generation	Thanksgiving Trivia Left Right Center/ Craft Club: Pie Garland Exercise/Chair Yoga Ping Pong Pyramid Tom Turkey Takes a " Rib"-ing
Lore of the Wish Bone Music With Ron Exercise/Roll the Dice Bean Bag Toss Thanksgiving Word Scramble	Macy's Parade Five Alive/ Craft Club: Parade Balloons Exercise/Ball Toss Slotz Ball Thanksgiving Charades	Thanksgiving Traditions Bingo Exercise/Turkey Trot Bowling Truth or Turkey?	Closed for Thanksgiving  Enjoy Your Holiday!	 CLOSED for the Thanksgiving Holiday
Ferdinand Magellan's Great Voyage Music With Ron Exercise/Rainforest Hike Washer Toss Bermuda Triangle Survival Scenario	 <h1>November 2020</h1> <h2>Senior Moments Activity Calendar</h2>			

November Birthdays: Alice P. 11/22; Evelyn S. 11/27

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Chicken Pot Pie w/Roll 2</p> <p>SF Wafer Cookies</p>	<p>Cranberry Chicken Salad Sandwich w/Applesauce & Fritos 3</p> <p>Ice Cream Sandwich</p>	<p>Loaded Baked Potato w/Broccoli 4</p> <p>Gingerbread</p>	<p>Soup & Side Salad 5</p> <p>Peanut Butter Crackers</p>	<p>Peanut Butter & Jelly Sandwich w/Cucumbers & Pretzels 6</p> <p>Jell-O w/Cool Whip</p>
<p>Chicken Tenders w/Stuffing & Cooked Carrots 9</p> <p>Graham Crackers w/Peanut Butter & Raisins</p>	<p>Sausage, Egg & Cheese Sandwich w/Fresh Fruit & Veggie Chips 10</p> <p>Cranberry Orange Bread</p>	<p>Baked Vegetable Hash w/Biscuit & Fruit Jam 11</p> <p>Magic Jell-O Mold</p>	<p>Mac & Cheese w/Broccoli & Cornbread 12</p> <p>Honey Wheat Braided Pretzels w/Dip</p>	<p>Assorted Muffins w/Yogurt & Fresh Fruit 13</p> <p>Fiber One Brownie</p>
<p>Shepard's Pie w/Roll 16</p> <p>Fig Newtons</p>	<p>Smashed Chickpea & Avocado Salad Sandwich w/Chips & Fresh Fruit 17</p> <p>Cheese Stick & Peanuts</p>	<p>Chicken Patty Sandwich w/Cottage Cheese & Tater Tots 18</p> <p>Banana Bread</p>	<p>Pumpkin Ricotta Stuffed Shells w/Garlic Bread 19</p> <p>Applesauce</p>	<p>Tuna Fish Sandwich w/Cheese Puffs & Pickle 20</p> <p>SF Chocolate Pudding w/Cool Whip</p>
<p>Soup & Side Salad 23</p> <p>Oatmeal Raisin Cookies</p>	<p>Thanksgiving Lunch 24</p> <p>Fresh Holiday Pie</p>	<p>Ham & Cheese Sandwich w/Chips & Fresh Fruit 25</p> <p>Graham Crackers w/Peanut Butter</p>	<p>Closed for Thanksgiving 26</p> <p></p> <p>Enjoy Your Holiday!</p>	<p>27</p> <p></p>
<p>Peanut Butter & Jelly Sandwich w/Chips & Mandarin Oranges 30</p> <p>Cheese-Itz Crackers</p>	<p></p> <p>November 2020</p> <p>Senior Moments Lunch & Snack Menu</p>			

Menu subject to change without notice