

Monday	Tuesday	Wednesday	Thursday	Friday
Remembering Dr. Seuss 2 Music With Ron Exercise/Chair Yoga Bean Bag Target Toss Good Things Come in Threes	100 years of Names 3 Bingo Exercise/Roll the Dice Hula Hoop Challenge Name Anything Game	Bowling Trip 4 Oreos "Milk's Favorite Cookie" Cooking Club: 5 Layer Oreo Dessert I Got It /Card Game Exercise/Ball Toss Bowling Frozen Foods Spelling Bee	World's Largest Blossoming Plant 5 Student Nurse Activity/ Over Under Game Pet Therapy Music With Karen Exercise/Wild Card	National Cereal Day 6 Cooking Club: Breakfast Cereal Doughnuts High Low/Card Game Exercise/Follow the Leader Ice Cream Cone Toss Name that Jingle
Women Who Changed the World 9 Music With Ron Exercise/Qigong Ping Pong Pyramid Famous Women Spelling Bee	National Noodle Month 10 Cooking Club: Chinese Noodle Cookies/ Discard It/Dice Game Exercise/Hokey Pokey Shuffle Board Music Pictionary	"Name" Brand Foods 11 Bingo Exercise/Chair Yoga Bowling Mixed Up Marching Band	Girl Scouts 108 th Year Anniversary 12 Bakers Rack: Girl Scout Cookies/Bullseye Exercise/Roll the Dice Music With Karen Hangman	"Pigs" Man's other Best Friend? 13 Bakers Rack: Piggy Cakes/ Chips on Chips off Exercise/Ball Toss Ladder Bolo "And" How Word Game
What AM I? Truth or Blarney? 16 Music With Ron Exercise/Wild Card Corn Hole St. Patrick's Day Word Mix and Match	St. Patrick's Day 17 Cooking Club/Reuben Dip Elevenses Exercise/Follow the Leader Shooters St. Patrick's Day Rhyme Time	Bowling Trip 18 Pillsbury Doughboy Birthday Cooking Club/Hawaiian Pineapple Coconut Braid Nix The Six/Dice Game Exercise/Qigong Golf Pillsbury Doughboy Word Mining	Spring Traditions Around the World 19 Bingo Exercise/Hokey Pokey Music With Karen Slotz Ball	World Frog Day 20 Craft Club: Lovely Lily Pads Horse Racing Exercise/Chair Yoga Carnival Clown Toss Frog Categories
Cranium Crunches 23 Music With Ron Exercise/Roll the Dice Washer Toss A Pint of "Ale" Word Game	National Chip & Dip Day 24 Cooking Club/Dill Pickle Dip & Red Pepper Dip Dice and Strikes Exercise/Ball Toss Noodle Javelin Flowers Spelling Bee	Maple Syrup Season 25 Baking Club: Maple Pecan Squares Over Under Exercise/Wild Card Shoot for the Stars Maple Categories	Opening Day Baseball 26 DIY Pennants/Baseball Exercise/Follow the Leader Music With Karen Team Basketball	Daily Laugh 27 Bingo Exercise/Qigong Birdie Toss Name that Name!
Science for Seniors 30 Music With Ron Exercise/Hokey Pokey Shuffle Board ABC's of Spring	Herb Alpert Birthday 31 Bingo Exercise/Chair Yoga Horseshoes Sing A Long	 <p style="text-align: center;">March 2020</p> <p style="text-align: center;">SENIOR MOMENTS ACTIVITIES SCHEDULE</p>		

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Cold Grinders w/Chips 2</p> <p>Cottage Cheese w/Peaches</p>	<p>Mac & Cheese w/Broccoli 3</p> <p>Fig Newton Cookies</p>	<p>Chicken Patty Sandwich w/Coleslaw & Pretzels 4</p> <p>*5 Layer Oreo Parfait*</p>	<p>Pancakes w/Sausage & Fresh Fruit 5</p> <p>Yogurt w/Granola</p>	<p>October Kitchen 6</p> <p>*Breakfast Cereal Doughnuts*</p>
<p>Assorted Muffins w/Yogurt & Fresh Fruit 9</p> <p>Cheese Puffs</p>	<p>Egg Salad Sandwich w/Chips & Pickle 10</p> <p>*Chinese Noodle Cookies*</p>	<p>Sloppy Joe Sandwich w/Coleslaw & Fresh Fruit 11</p> <p>Rice Cakes w/Peanut Butter</p>	<p>English Muffin Supreme Pizzas w/Side Salad 12</p> <p>*Girl Scout Cookies*</p>	<p>October Kitchen 13</p> <p>*Piggy Cakes*</p>
<p>Peanut Butter & Jelly Sandwich w/Banana & Pretzels 16</p> <p>Cheese & Crackers</p>	<p>Shepard's Pie w/Irish Soda Bread 17</p> <p>*Reuben Dip*</p>	<p>Fish Fillet w/Cottage Cheese & Fritos 18</p> <p>*Hawaiian Pineapple Coconut Bread*</p>	<p>Loaded Chili w/Corn Bread 19</p> <p>Applesauce</p>	<p>October Kitchen 20</p> <p>Chocolate Pudding w/Cool Whip</p>
<p>Turkey & Cheese Sandwich w/Chips & Pickle 23</p> <p>Yogurt w/Granola</p>	<p>Taco Salad w/Tortillas 24</p> <p>*Dill Pickle Dip/ Roasted Red Pepper Dip*</p>	<p>Assorted Muffins w/Yogurt & Fresh Fruit 25</p> <p>*Maple Pecan Squares*</p>	<p>Chicken Tenders w/Mashed Potatoes & Carrots* 26</p> <p>Peanut Butter Crackers</p>	<p>October Kitchen 27</p> <p>Ice Cream Sandwiches</p>
<p>Tuna Fish Sandwich w/Veggie Chips & Pickle 30</p> <p>Graham Crackers w/Peanut Butter & Raisins</p>	<p>Stuffed Pepper Casserole w/Broccoli & Roll 31</p> <p>Cucumbers w/Hummus</p>	 <p style="text-align: center;">March 2020</p> <p style="text-align: center;">SENIOR MOMENTS LUNCH & SNACK Menu</p>		

Menu subject to change without notice

* Made by our Cooking/Baking Club Clients*