


Monday	Tuesday	Wednesday	Thursday	Friday
Brain Busters Music with Ron Exercise/Roll the Dice Bean Bag Target Toss Pictionary	2 Pine Tree Identification Craft Club/Pine Christmas Wreaths/Nix the Six Card Game Exercise/Ball Toss Ping Pong Pyramid Evergreen Hangman	3 Foot Doctor Christmas Card Day Craft Club/Wood Slice Christmas Coasters/ Dice and Strikes Exercise/Wild Card Shooters Spelling Bee	4 Wood Memorial Library Gingerbread Houses Walt Disney's Birthday Bingo Pet Therapy Exercise/Follow the Leader Music with Karen	5 The Invention of Scrabble Craft Club/Scrabble Tree Ornament/Horse Racing Exercise/Qigong Slotz Ball Scrabble Words Crossword Puzzle
Pearl Harbor 77th Anniversary Music with Ron Exercise/Hokey Pokey Noodle Javelin Not So Trivial Game	9 National Gingerbread Decorating Day Bakers Rack/Gingerbread Houses/Elevenses Dice Game Exercise/Chair Yoga Corn Hole Gingerbread Cookies Word Mining	10 Rockville Library Tree Festival Poinsettia Day Craft Club/Christmas Ornament/I Got it! Card Game Exercise/Roll the Dice Bulls Eye Rhymes with Snow	11 National Cocoa Day Cooking Club/Crock Pot Cocoa & Marshmallow Sparkles/Domingo/ Shoot for the Stars Exercise/Ball Toss Bowling Music with Karen	12 Fruit Cake Fun Facts Bingo Exercise/Wild Card Ladder Bolo What Things Belong Together?
Holiday Humor Music with Ron Exercise/Follow the Leader Washer Toss Christmas Carol Word Match	16 White House Christmas Tour Bingo Exercise/Qigong Roll out the Barrels Santa's Secret Quote	17 Bowling Trip Is Chocolate a Super Food? Baker's Rack/Chocolate Pumpkin Bark/Discard It/ Dice and Card Game Exercise/Hokey Pokey Bucket Brigade Gift Categories	18 History of Cookies Bakers Rack/Russian Tea Cakes/Uno/Basketball Exercise/Chair Yoga Hula Hoop Challenge Music with Karen	19 Festival of Hanukkah Bakers Rack/Fruit Nut Clusters/High Low Card Game Exercise/Roll the Dice Fishing Derby Hanukkah Jumble
Christmas Classics Christmas Carols with Ron and Tolland Moms Group Exercise/Ball Toss Golf Creating Christmas Carols/Holiday Songs	23 Closing at 4pm Christmas Customs around the World Craft Club/Lavender Milk Bath/Chips on Chips off Exercise/Wild Card Birdie Toss Mixed up Christmas	24 Closed  Enjoy Your Holiday!	25 Birdie Brains Trivia Bingo Exercise/Follow the Leader Bowling Music with Karen	26 Celebrating Kwanzaa with African Folk Tales Kwanzaa Benne Cakes/ Auto Racing Exercise/Qigong Clown Toss Kwanzaa Word Matching
New Year Traditions around the World New Year Party/Music with Ron Exercise/Hokey Pokey Shuffle Board New Year Spelling Bee	30 New Year Superstitions and Lucky Foods Cooking Club/Black Eyed Peas & Corn Bread/ Family Feud Exercise/Chair Yoga Horse Shoes Mixed up New Year's Eve			

December Birthdays - 12/14 Bob C and 12/21 Lou K

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Chef Salad</p> <p>Sweet Potato Fries</p>	<p>3 Mac & Cheese w/Broccoli</p> <p>Peanut Butter Crackers</p>	<p>4 October Kitchen</p> <p>Vegetable Chips</p>	<p>5 Chicken Patty Sandwich w/Side of Cottage Cheese</p> <p>Chocolate Pudding w/Cool Whip</p>	<p>6 Festive Cranberry Pancakes w/Fresh Fruit</p> <p>Cheese Puffs</p>
<p>9 Egg Salad Sandwich w/Chips & Pickle</p> <p>Animal Crackers</p>	<p>10 Vegetable Breakfast Casserole w/Fresh Fruit</p> <p>Fig Newton Cookies</p>	<p>11 October Kitchen</p> <p>Cranberry Cream Cheese Bruschetta</p>	<p>12 Fish Fillet Sandwich w/Coleslaw</p> <p>Banana Bread *Homemade Hot Cocoa*</p>	<p>13 Veggie Pasta w/Sauce & Turkey Meatballs</p> <p>Jell-O w/Cool Whip</p>
<p>16 Assorted Muffins w/Yogurt & Fresh Fruit</p> <p>Cheese & Crackers</p>	<p>17 Fish Sticks w/Mashed Potatoes & Green Beans</p> <p>Rice Cakes w/Peanut Butter</p>	<p>18 October Kitchen</p> <p>Veggies w/Hummus</p>	<p>19 Sandwich Platter w/Chips & Pickle</p> <p>Cottage Cheese w/Peaches</p>	<p>20 Chicken Broccoli Cauliflower Rice Casserole w/Roll</p> <p>Gingerbread</p>
<p>23 Turkey & Cheese Pinwheels w/ Cucumber Salad</p> <p>Holiday Wreath Fruit Pizza</p>	<p>24 Eggnog French Toast Casserole w/Watermelon</p> <p>Holiday Special Treat</p>	<p>25 Closed</p> <p><i>Merry Christmas</i></p> <p>Enjoy Your Holiday!</p>	<p>26 English Muffin Supreme Pizzas w/Side Salad</p> <p>Graham Crackers w/Peanut Butter & Raisins</p>	<p>27 Peanut Butter & Jelly Sandwich w/Fresh Fruit</p> <p>*Kwanzaa Benne Cakes*</p>
<p>30 Tuna Fish Sandwich w/Chips & Pickle</p> <p>Ice Cream Sandwich</p>	<p>31 Cheese & Pepperoni Cracker Platter w/Fresh Veggies</p> <p>*Lucky New Year Food*</p>	 <p>December 2019 SENIOR MOMENTS LUNCH & SNACK MENU</p>		

Menu subject to change without notice

* Made by our Baking Club Clients*