

Monday

Tuesday

Wednesday

Thursday

Friday

NOVEMBER 2018

Senior Moments Activities Calendar

				National Vinegar Day 1 Herb Vinegars/ Uno/Penny Game Pet Therapy Bulls Eye Velcro Bingo		National Sandwich Day 2 Fancy Finger Sandwiches/ Legos/Lincoln Logs Exercise/Hot Potato Golf Whiteboard			
Peanut Lovers Month Hoe Down With Ron Exercise/Roll the Dice Barrel Game Charades/Manicures	5	National Saxophone Day Scarecrow Goodie Bags/ Table Top Baseball Exercise/Ball Toss Washer Toss Caricatures	6	Bowling Trip 9:30 Tongue Twister Day Banana White Chocolate Cookies/Horse Racing Exercise/Chair Dancing Birdie Toss Sing A Long	7	Chalk and Cheese Bingo Exercise/Chair Yoga Velcro Tic Tac Toe Music With Karen	8	Veterans Day Poppy Pins/Yahtzee/ Left, Right, Center Exercise/Parachute Baseball Pictionary	9
Women in the Military Music With Ron Exercise/Hot Potato Bean Bag Toss Bingo	12	National Guacamole Day Glorious Guacamole Dip/ Jeopardy Exercise/Roll the Dice Basketball Hangman	13	William Benton Museum Trip 9:30 Teddy Bear's Birthday Pinecone Turkeys/ Auto Racing Exercise/Ball Toss Shuffle Board Word Mining	14	National Raisin Bran Day Raisin Bran Muffins/ Group Crossword Puzzle Exercise/Chair Dancing Bocce Music With Karen	15	Mickey Mouse's Birthday Mickey Mouse Ornament/ Matching Game Exercise/Chair Yoga Shooters Categories	16
Turkey Ticklers Music With Ron Exercise/Parachute Bowling Spelling Bee/Manicures	19	Turkey Trivia Bingo Exercise/Hot Potato Ring Toss State Game	20	Bowling Trip 9:30 History of Thanksgiving Turkey Cheese Ball/ Sayings and Proverbs/ Fishing Exercise/Roll the Dice Bucket Game Sing A Long	21	Thanksgiving Day 	22	Daily Laugh Fall Ceramics/ Black Friday Price is Right Exercise/Ball Toss Golf White Board	23
Pet Names Music With Ron Exercise/Chair Dancing Horse Shoes White Board	26	All About Sweet Potatoes Sweet Potato Pie/ Uno/Penny Game Exercise/Chair Yoga Bucket Brigade Charades	27	The History of Aviation DIY Bird Feeders/ Legos/Lincoln Logs Exercise/Parachute Clown Toss Bingo	28	Learn to Speak Chinese Wood Crafts/ Table Top Baseball Exercise/Hot Potato Darts Music With Karen	29	Georgia Pecan Month Pecan Cookies/ Horseracing Exercise/Roll the Dice Bulls Eye Mat Pictionary	30

November Birthdays: 11/21 Ed S.

Monday


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Friday

NOVEMBER 2018
SENIOR MOMENTS
Lunch & Snack Menu

<p style="text-align: right;">5</p> <p>Kielbasa w/ Mashed Potato and Mixed Veggie</p> <p>Cottage Cheese w/Fruit</p>	<p style="text-align: right;">6</p> <p>October Kitchen</p> <p>Sugar Free Wafers</p>	<p style="text-align: right;">7</p> <p>Pasta Florentine- w/ Spinach & Ricotta Cheese</p> <p>Banana White Chocolate Cookies*</p>	<p style="text-align: right;">8</p> <p>October Kitchen</p> <p>Graham Cracker w/ Peanut Butter & Banana</p>	<p style="text-align: right;">9</p> <p>Quiche w/ Sweet Potato</p> <p>Tea/Finger Sandwiches*</p> <p>Tomato Soup & Sandwiches</p> <p>Baby Carrots & Hummus</p>
<p style="text-align: right;">12</p> <p>Chicken Noodle Soup & Sandwich</p> <p>Apple Sauce w/ Animal Crackers</p>	<p style="text-align: right;">13</p> <p>October Kitchen</p> <p>Guacamole* w/Crackers</p>	<p style="text-align: right;">14</p> <p>Sloppy Joe Sandwiches w/ Potato Salad</p> <p>Fig Newton Cookies</p>	<p style="text-align: right;">15</p> <p>October Kitchen</p> <p>Raisin Bran Muffins*</p>	<p style="text-align: right;">16</p> <p>Fish Sticks, Shady Glen Cole Slaw & Mashed Potato</p> <p>Crackers w/Cheese</p>
<p style="text-align: right;">19</p> <p>Italian Pasta Salad w/ Cukes, Tomatoes, & Olives</p> <p>Animal Crackers</p>	<p style="text-align: right;">20</p> <p>OCTOBER KITCHEN FAMILY STYLE Turkey Dinner</p> <p>Assorted Pies</p>	<p style="text-align: right;">21</p> <p>Hamburger & Mushroom Pizza</p> <p>Peaches</p>	<p style="text-align: right;">22</p> <p>Happy Thanksgiving</p> 	<p style="text-align: right;">23</p> <p>Grilled Turkey cheese Sandwiches</p> <p>Pudding</p>
<p style="text-align: right;">26</p> <p>Subway Grinders w/Chips</p> <p>Apple Slices w/Peanut Butter</p>	<p style="text-align: right;">27</p> <p>October Kitchen</p> <p>Sweet Potato Pie*</p>	<p style="text-align: right;">28</p> <p>Quiche w/green salad</p> <p>Cottage Cheese w/ Banana</p>	<p style="text-align: right;">29</p> <p>Chicken Rice Soup & Sandwich</p> <p>Crackers w/Peanut Butter</p>	<p style="text-align: right;">30</p> <p>Pasta w/ Tomato Sauce & Meatballs</p> <p>Pecan Cookies*</p>

Menu subject to change without notice

Made by our Baking Club clients