

## Family Members Have Said...

*"Having Elder Care involved truly gives me some peace that things will be monitored, knowledge will be expert, and I most of all appreciate the compassion and kindness you have shown me."*

**BH daughter**

*"Elder Care Consulting provides a truly important detailed-oriented medically knowledgeable empathetic team that linked the separate elements of care into a functional "whole".*

**RC son**

*"Your care managers have provided me with valuable emotional support during these difficult months and reminded me that I need to care for myself in order to care for my elderly parents."*

**PJ daughter**

*"ECC has always demonstrated professional expertise, but also consistent follow through, diplomacy, common sense, and caring. You have been a wonderful partner to my aunt and me."*

**VT niece**

*"I am so impressed with your competence and professionalism during my mother's hospitalization. These are the things I have always tried to do long distance. You also show my mother tremendous concern and compassion. We are lucky to have all of you in our lives."*

**GD daughter**



*Experts in the care of older adults*

### Part of the Elder Care Consulting Family



**Senior Moments**

*Share a moment with us*

Offering a senior day program and geriatric resource center  
www.Seniormomentsllc.com



*Your connection to quality care*

www.Eldercareassociatesllc.com

Offering companions, home health aides and live-in caregivers



*Experts in the care of older adults*



### Offering

*care management for seniors in the comfort of their homes.*

### Providing

*support and education to families.*

### Designing

*systems of care to support elders in a variety of healthcare settings.*

### Coordinating

*services provided by home care agencies.*

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HCA#0000188

### How do we get started?

Every family situation is unique. In order to provide services, a comprehensive geriatric assessment is necessary. The care manager will listen to your concerns and provide guidance on the next steps.

### What is the assessment like?

Assessments are generally completed in the client's own environment. The process is relaxed and casual and takes into account the client's abilities and physical limitations.

It is often best to meet with or speak to the family at a separate time. This allows the client the freedom of providing information that they believe is important.

### Next Steps

Based on the results of our assessment, we create a care plan to solve problems and identify strengths.

The ECC Geriatric Care Management Team is available to assist in implementing the agreed upon plan of care after reviewing it with the client and family.

If necessary, we can screen, arrange and monitor in home help, provided by Elder Care Associates, LLC, or another company.

We also refer to other reputable elder care services such as Senior Moments, our adult day program in Tolland.

### What is a Geriatric Care Manager?

The geriatric care manager works closely with the patient's primary health care providers to develop a plan that will assist you and your family. They serve as a link between families and elder care resources to help navigate the healthcare system. They also:

- Provide a comprehensive in-home assessment of physical, cognitive, and functional needs.
- Review financial, legal, or end of life issues and refer to the appropriate resources to assist in conserving assets.
- Act as a liaison between families and long-distance caregivers.
- Offer guidance regarding alternative housing options.
- Support, educate and advocate for elders and their families.



### How a Geriatric Care Manager can help your family?

#### Frequent Scenarios:

- Your elder family member lives alone and is refusing help.
- You have noticed changes in memory or function and are unable to get your family member to see a doctor.
- Your family member has been given the diagnosis of dementia and you need help with developing a care plan.
- You have no idea how you will pay for your older parent's care or begin to manage the responsibility.
- You live in another town or state and you want someone to look after your elderly relative.
- Your family member has a chronic disease that requires a great deal of health services.
- Your family member is currently in an assisted living or nursing home facility and they/you are not happy with the care being provided.
- Your family member is anxious, depressed, or has had a change in personality.
- There is a source of conflict among family members regarding treatment or care.
- You need information from someone that specializes in chronic diseases and memory disorders.